**The 9 Mile Gut Check**

Brownstown Veterans of Foreign Wars Post # 9770

9-Mile Ruck March/Walk

Each participant/participant guardian must sign and return this form

This year we will be walking in remembrance of National POW/MIA Recognition Day!

**Date: Saturday, September 17, 2016 RAIN OR SHINE!**

**Location: The 9-Mile March/Walk will begin at the American Legion Post 95 (321 South 7th Street, Vandalia, IL ) parking lot and will end at the Brownstown VFW Post #9770 parking lot (520 E. Oak Street, Brownstown, IL).**

**Time: 7:00– 8:00 am registration (waivers will be signed at registration) 8:00 am Start**

**Pre-registration: $35 per individual (includes T shirt and Meal) Same-day registration: $40 (limited quantity of t-shirts) \*\*It is the participants responsibility to pick up their t-shirts at Fayette County Real Estate if they do not receive one on the day of the event. Please monitor the Gut Check Facebook page for the announcement of when shirts will be available\*\*\***

**Please make checks payable to: Brownstown VFW Post # 9770**

**Please return Registration Form and payment to: Brownstown VFW Post #9770, P.O Box 27, Brownstown, IL 62471 or drop off at Fayette County Real Estate in Vandalia**

**FULL NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CITY:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_STATE:\_\_\_\_\_\_\_\_\_\_\_\_ZIP CODE:\_\_\_\_\_\_\_\_\_\_**

**EMAIL ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**T SHIRT SIZE: SMALL MEDIUIM LARGE X LARGE \*\*2XL \*\*3XL**

**EMERGENCY CONTACT NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PHONE NUMBER:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\*\*$2 extra charge for 2XL and 3XL**